

Fall Trip	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	9/27/2008	9/28/2008	9/29/2008	9/30/2008	10/1/2008	10/2/2008	10/3/2008
City	Home GMT -6 (DST + 1)	London GMT (DST + 1)	Athens GMT+2 (DST +1)	Athens	Athens	Katakolon	Cofu
7:00:00			6:00AM, Picadilly Tube to Airport 7:00 Full English?				
8:00:00			8:20AM Depart LHR BA 640	Metro: Singrou Fix to Omonia			8:00AM Arrive Cofu
9:00:00				9:00AM Private Tour to Corinth	Self tour to Acropolis	9:00AM Arrive Katakolon	Self tour?
10:00:00		10:00AM Arrive LHR				Self tour?	
11:00:00		Picadilly Tube to Hyde Park					
12:00:00		Check-in Hotel		Lunch?	Lunch in Plaka area or Pireas		
1:00:00							
2:00:00		Arbutus	2:00PM Arrive ATH			2:30PM Depart Katakolon	
3:00:00		Mom & Dad leave STL 3:45PM to DC then Madrid	Check-in Hotel	Central Market			
4:00:00			4:15 Mom & Dad Arrive in Athens from Madrid on Iberia 3884	Omonia	Metro: Singrou Fix to Omonia, transfer to Pireas		4:00PM Depart Cofu
5:00:00		La Fromagerie		Dinner in Omonia	5:00 PM Check-in NCL Stateroom 9640 Mom & Dad 9058		
6:00:00	6:00PM Leave Home				6:00 PM Depart Athens		
7:00:00			Dinner in Gazi	Show?			
8:00:00	8:15 Depart ORD AA 46	Fish & Chips?	Chrissy: 8:35 KLM 1581 Depart AMS				
9:00:00							
10:00:00			Chrissy: 12:50am Arrive ATH				
Phil & Chrissy Housing		Hilton Park Lane	Ledra Marriott	Ledra Marriott	NCL	NCL	NCL
Mom & Dad Housing			Best Western Hotel Zinon Take Sygrou-Fix train past Syntagma to Omonia (Red line toward Larissa or Anthoupoli)		NCL	NCL	NCL
Weather		52-62	63 - 75 (Ave)	63 - 75 (Ave)	63-75 (Ave)		
Legend	In Transit	Excursion	Free Time	Meal	Sleep	Time Sensitive	

Fall Trip	Saturday 10/4/2008	Sunday 10/5/2008	Monday 10/6/2008	Tuesday 10/7/2008	Wednesday 10/8/2008	Thursday 10/9/2008	Friday 10/10/2008
City	At Sea	Alexandria GMT + 2	Alexandria	At Sea	Iraklio (Crete) GMT+2 (DST +1)	Santorini	Mykonos
7:00:00		7:00AM Arrive Alexandria					
8:00:00		7:30 Camel & Jeep Safari \$199 Chrissy & Phil 8:00 Classic Cairo Mom & Dad	8:45 Alexandria Highlights \$55 Chrissy & Phil 9:00 Best of Alexandria Mom & Dad		8:00AM Arrive Iraklion	8:00AM Arrive Santorini 8:15 Oia & Winery with Christina \$89	8:00AM Arrive Mykonos
9:00:00					self tour?		*9:00 4x4 Adventure \$159 with Christina
10:00:00							
11:00:00							
12:00:00							
1:00:00							
2:00:00							
3:00:00							
4:00:00							
5:00:00							
6:00:00			6:00PM Depart Alexandria		6:00PM Depart Iraklion	6:00PM Depart Santorini	
7:00:00							
8:00:00							
9:00:00							9:30PM Depart Mykonos
10:00:00							
Phil & Chrissy Housing	NCL	NCL	NCL	NCL	NCL	NCL	NCL
Mom & Dad Housing	NCL	NCL	NCL	NCL	NCL	NCL	NCL
Weather		64-86	64-86			69 (ave)	
Legend	In Transit	Excursion	Free Time	Meal	Sleep	Time Sensitive	

Fall Trip	Saturday 10/11/2008	Sunday 10/12/2008	Monday 10/13/2008	Tuesday 10/14/2008	Wednesday 10/15/2008	Thursday 10/16/2008
City	Ephesus	Istanbul GMT+2 (DST+1)	Istanbul	Istanbul	London	Home
7:00:00					6:00AM Depart Hotel via Bus	
8:00:00	8:00AM Arrive Ephesus		Pack			Depart Hotel
9:00:00	8:30AM Ephesus & the Virgin Mary Mom & Dad Self-Tour?		Disembark Ship		8:55 Mom, Dad, Phil Depart IST to LHR BA 675	Full English?
10:00:00				Grand Bazaar		10:15AM Depart LHR AA87
11:00:00			Bus-Pickup	Spice Market	11:00AM Arrive LHR 11:05 Chrissy Turkish Air #5 IST > ORD	Borough Market Opens
12:00:00		12:30PM Arrive Istanbul	Private Tour		Picadilly Tube to Hyde Park	12:50PM Arrive ORD
1:00:00		1:15 Bosphorous Cruise \$55, Mom, Dad, Phil & Chrissy		Self Tour?	Check in at hotel	1:30 Return to Hotel for AA91
2:00:00					2:30 Afternoon Tea - Promenade at Dorchester Hotel	2:30 Leave hotel for AA91
3:00:00					3:00 Chrissy Arrive ORD	3:30 arrive LHR for AA91
4:00:00						4:45 AA91 LHR-ORD
5:00:00	5:00PM Depart Ephesus		Check in at hotel	Ciya Sofrasi?	4:45 Chrissy depart for SNA	
6:00:00						
7:00:00			Dinner and Shopping in Beyoglu			
8:00:00					8:30 Mom & Dad arrive in STL from ORD	
9:00:00						
10:00:00					10:00 Restaurant Gordon Ramsay	
Phil & Chrissy Housing	NCL	NCL	W Istanbul	W Istanbul	Hilton Park Lane	
Mom & Dad Housing	NCL	NCL	Aziyade Hotel	Aziyade Hotel		
Weather		61-67	61-67	61-67	45-55	
Legend	In Transit	Excursion	Free Time	Meal	Sleep	Time Sensitive

[illegible]

Name	City/Area	Address/Location	Description	Website
Athens			Metro station Monistaraki, when you get out of the station, you will see a dozen or so grilled meat places, full of greek families out for weekend lunch. very simple food, but about the best that greece has to offer. real greek gyros, kababs, etc. sit outside and enjoy.	
Varoulko	Omonia	Pireos 80	Widely acknowledged as Athens' finest seafood restaurant, foodies flock here to savour chef-owner Lefteris Lazarou's Michelin-starred goodies such as red snapper with black truffle and aubergine mousse. 60 Euros, near Kerameikos Metro	http://www.varoulko.gr/#
Logia tis Ploris	Omonia	71 Αγησιλάου 71 Str. Agisilaou	Not only the best, but the cheapest seafood you'll find in Athens. 10 minute walk from Monastiraki Square. Great fish restaurant for dinner and the full meal, consisting of two red mullet filets, Greek salad, bread, bottled water, chocolate dessert and a 1/2 liter white wine cost us 22 euros. We learned about it on this board, and the food was fabulous and fresh. Also, There is an incredibly delicious and well-priced pastry shop at the end of Athinas Street, where it meets Omonia Square. I don't remember the name, but the smell will definitely direct you to this establishment.	http://www.logiatisploris.gr/uk/home.html
Athinaikon	Omonia	Themistokleous 2, Omonia	This beloved central Athens institution, with wood panelled walls, marble-top tables, and walls hung with 1950s posters, is a great spot to try mezedes, tiny platters of tasty nibbles, to be washed down with wine of ouzo. It is popular with local journalists and lawyers, and lies in a pedestrian side street, midway between the National Archaeological Museum and the Central Market. 20 Euros	
Ktistakis	Omonoia	Sokratous street	Frequented by Venizelos, the Kretan prime minister early in the 20th century. I would go there, first, for the awesome loukoumades (extremely unique: hard on the outside, full of syrup in the inside, with sesame on top) and then to ask them where I could find Omospondia Kritis products, including raki. Founded in January of 1952. The original shop was founded in 1912 in the Cretan town of Chania by the current owner's grandfather, who had learned the secret recipe in Alexandria in the Greek pastry shop "Goniakon". Many stories could be told here about all who passed from those two pastry shops in Chania and Athens, from great Greek actors (many from the National Theatre), journalists, publishers, musicians and politicians. The most important part of that history that started in 1912 and continues until today is the simple people who frequent this historical "loukoumatzidiko", since 1997 is located at Sokratous Street, run by the 3rd generation.	
Galaktopoleio	Omonoia	Omonia between Athinas and Panagi Tsaldari	Sweets and milk products - on . It was an institution! Years ago the students of the National Theater school used to frequent it after their classes and rehearsals, in the wee hours of the night. A cream or a yogurt were cheap enough to fit the budget of starving budding actors and good enough to feed the spirit - if not the body... See if its there and let us know.	
Rigani	Loutraki/Corinth	Papanikolaou 5 Loutraki 2744066744 2744021044	For modern Greek food with delightful flavors ,very close to the Cazino,	
Gianis	Loutraki/Corinth		By the water in the heart of Loutraki,I love the shrimp saganaki,the fish plater ,a wonderful melange of fried small fish,octopus,kalamari... The bread in that place is amazing heavy home made bread!!!!!!!!	
Maestrali	Loutraki/Corinth		a very popular place with the locals for meat and fish.	
Dolphin in Plaka	Corinth		Not to be confused with "the plaka" in Athens)	
Etherona	Corinth		in Katakali Corinth	
Orizontes	Mt Lycabettus	Kolonaki, Lycabettus Hill, entrance via funicular, from Aristippou 1,	Perched upon Mount Lycabettus, with tables arranged on stone terraces looking over the panoramic cityscape, Orizontes serves Mediterranean fusion dishes such as crayfish risotto with asparagus and black-eyed beans, and lamb shank with artichokes and goats cheese. The Greek prime minister, Kostas Karamanlis, is a regular. 50 Euros, near Evangelismos Metro	
papadakis	kolonaki, Mt Lycabettus		Elegant and modern and sleekly delicious without being ungreeks. the food is modern but very traditional, specializes in fish and seafood, and if there is the cod with braised vegetables, or the fish stew eaten over crumbled rusks, or the chickpeas cooked for a zillion hours, don't miss them. the owner, from the island of paros, is truly talented and serves homemade liqueurs after the meal. really wonderful, though a bit pricey. don't miss if you have the opportunity to eat there.	
Psarras	Plaka	Erechtheous 16 & Erotokritou 12, Plaka	Psarras in the Plaka under the Acropolis. One of the few eateries in touristy Plaka to be patronised by Athenians, Psarras has been serving up authentic Greek cooking since 1898. This is as romantic as it gets, with wooden tables arranged on mulberry-shaded whitewashed steps leading up to the Acropolis. 45 Euros. Near Monastiraki Metro	

Name	City/Area	Address/Location	Description	Website
Daphne's	Plaka		There is a very nice, pretty restaurant in Plaka. Upscale but not overly expensive and has many traditional greek dishes. Very very nice. Also they take credit cards, unlike many of the restaurants in Athens that require cash.	
Xinou	Plaka		the oldest taverna in Plaka, where you can sit outdoors or indoors, with very traditional greek food and music. You really can't get more traditional than that.I believe it is cash only.	
Oinomateipeio	Gazi	32 Dekeleon	Difficult to find, but one of the best and most affordable meals. Walk down a short flight of stairs into a basement taverna that's below a Turkish cafe. We shared wine, green salad, an eggplant, feta and tomato pie (unbelievably good) and roast pork and potatoes. Total bill = 20 euros. doesn't have an official menu, each day the dishes are different. The waiter sits down at your table and tells you what's cooking. The place opens at 9 p.m. and closes late.	
Diporto Agoras	Monistiraki	(corner of Theatrou and Sokratous)	Another taverna we heard was affordable and good. Supposedly there's no sign on the door and it's in an old cellar .	
Taverna tou Psiri	Ppsiri district by Monistiraki.	12 Eschilou,	excellent Greek home-style food, I highly, HIGHLY suggest, It's amazing. Great eggplants, fried peppers, and many many other treats. Just ask what they have made fresh and order it. Close to the acropolis/monesteraki. Real homecooked Greek food. We had the best zuikinni keftethes.	http://www.hit360.com/taverna-psirri/en/default.htm
Kuzina	Monastiraki metro stop	9 Adrianou Street, Thissio	is in a touristy section but is very good, get the lambshank in fava puree if they are serving it. It is on the pezodromos behind the monastiraki station that leads to Thissiou, there are dozens of places along that row, but it shpouldn't be so hard to find.	
Cafe Avyssinia	Monastiraki	Plateia Avyssinia	Near Monastiraki, at the heart of the antiques section of the flea market, a few moments walk from the Metro station. It's a wonderful, charming-looking restaurant that serves Northern Greek specialties and overlooks the hustle and bustle of the square. Atmospheric and delicious food	
O Thanasis	Monastiraki metro stop		Specializes in kebabs that is always good and very reasonably priced.	
Krinos	Central Market - Monastiraki	87 Aeolou str., Athens , tel. 210-3216852	loukomades MUST try, has been around for at least 70 years. They are located by the central meat market in Athens.	
O Thannassis	Monastiraki	Mitropoleos 69, Directions: Metro Monastiraki, at the bottom of Athinas.	Cheap but great place. This is a classic not to be missed souvlaki joint. Always packed, even after midnight.	
Jimmy and the Fish	Piraeus	Akti Koumoundourou 46	Well-reputed restaurant in Piraeus. A great spot for lunch near the port, this classic seafood restaurant offers outdoor seating on a delightful waterside terrace overlooking the quaint fishing harbour of Microlimano, near Neo Faliro Metro	http://www.jimmyandthefish.gr/
Kollias & Para Pente	Pireaus	3 Plastira St?	Para Pente and/or Kolias are the place to get fish, owned by the same family, across the alleyway from each other, Kollias traditional old style fish taverna and Para Pente is very modern, they just bring platters of five items at a time to your table, when you are full tell them to stop. don't miss the dessert. both of these places are nearly impossible to find, they are in Pereias,	
Spondi	Varnava Square in Pagrati	Pyrronos 5, Varnava Square,	One of the best, if not THE best restaurant in Athens. We're talking about creative, modern cuisine which will cost you a lot, but which is totally worth it.	
Dourambeis	Piraeus		open for lunch of Sunday. You pick the fish, they weigh it and grill it. Wonderful salad and great loukoumades. In Athens for 30 years, many local well knowns over the years-e.g. the Archbishop	
Edodi		Near Ledra Hotel	Splurge restaurant, very near Ledra hotel. They cook a different menu every night depending on what is fresh and you pick from a tray of the raw foods what you want to eat. It is expensive, but if you want wonderfully fresh food prepared with skill and finesse, it's wonderful. Needs reservations	
Hell's Kitchen	Kotzia Square	13 Kleisthenous	value for your money" restaurant. three partners who I think have lived, or maybe even grew up (?) in New York. The kitchen is tasty and unpretentious, and I had a great experience at dinner, and I have been meaning to go for brunch. Tucked in behind Athen's city hall on Athina st, between Monastiraki and Omonia stations.	
Grand Bretagne	Syntagma		wonderful continental meal with the most fabulous view of the Acropolis eat on the roof at the Grand Bretagne. Probably the best restaurant in Athens and the view is breathtaking.	
Katakolon			known for its old lighthouse which was built in 1865, (45metres height) and for the first railway line in 1882, beautiful beaches and small friendly creeks. Try a frozen ouzo	

Name	City/Area	Address/Location	Description	Website
Corfu (Kerkira)			2 mile walk to historic district	
Pizza Petes			walk out of port - keep the sea on your left - follow the road and go up a hill towards a headland - is on your left hand side - you can see the awnings from quite a distance away! Fantastic food - Keep following the road up and you will get to the Liston - beautiful area with cafes by the little streets leading to the old town.	
Taverna Agni	Agni Bay		popular restaurant, set in a beautiful location, It is on the N.E. coast of Corfu, between Nissaki and Kalami. Tel. no. for reservations 0030 22630 91142.	
Aegli Garden Restaurant	Esplanade Square		amazing family owned place. You can get to it on the arcade side or along the pedestrian mall of Kapodistriou	
Tripa's Tavern	Kinopiastes Village		concierge recommendations (that we did not go to). I think this might be the top restaurant in Greece that you were referring to...I wish we had gone here. The referral said it was a must when visiting Corfu.	
Bellissimo			concierge recommendations (that we did not go to) located in the middle of town	
Gloglas Taverna			concierge recommendations (that we did not go to) located on a corner in the heart of the old town, one block back from the Esplanade.	
Alexandria			Egypt is not a culinary destination, although you certainly won't starve. The food is so cheap here that after a while, you forget about the quality and taste. Egypt in general tends to be poor	
Tikka	Bahary	Phone: 8405119 beside Diving club, eastern port	More western look but still egyptian taste	
Misho	Ibrahimia		coshari	
Goha	Corniche		sahleb	
Saber			famous sweets shop that you can not make a bad choice in	
Mohammed Ahmed			famous restaurant in Alexandria, they give a decent plates of beans and Taamia. Alexandria bean plate they make it very good, also try fried cheese	
Delicies	Saad Zaghloul	46 Sharia	Cafe & bakery, try Om Ali	
Kadoura	Fort Qaitbey, Corniche		Any visit to Alex must include one trip to a local seafood restaurant, and Kadoura is a prefect place. walk down the Corniche a ways past Orabi square towards Fort Qaitbey. Kadoura will be on your left about 2 blocks before the Fish Market and Chicken Tikka restaurants. You should see the sign, and all the locals know it, so just ask.	
Al-Qadoora	Corniche	on the Corniche in the direction of the citadel say "al-'adoora l-gadida" for your cab driver).	great traditional fish restaurant (tables out in the street) next to the Abu l-Abbas mosque. You pick your own seafood and how it's prepared (oven or thefrying pan, olive oil and lemon), you get rice along with it and if you ask for some mezze, you might as well turn it into a feast (check out the "old-cheese mezze", gibna 'adima, something you won't get too many places).	
aroosat al-bahr	Corniche		Behind the citadel in al-Anfushy, great, bigger fish restaurants	
gazirat al-gawahir	Corniche		Behind the citadel in al-Anfushy, great, bigger fish restaurants	
Muhammad Ahmad	Alexandria's old city centre	At the Mahattit ar-Raml station	Regarded as the best fuul in town and the menu is bilingual. if you see a fuul-place crowded with people it's usually fresh, good and tasty.	
		within walking distance from Mahattit ar-Raml	A nice Kushary place is on Safia Zaghloul. Good place to start, after dinner you can choose between the continental cafes right next to the Station or walk to al-Anfushy, where cafes are helplessly Egyptian: a few tables out in the street and a grudging waiter serving Shishas and delicious mocca (called 'ahwa turkey', you don't want to confuse anybody).	
			New and expensive espresso-bars with some hot dishes on Salah Mustafa Street (somewhere between the sections with Safia Zaghloul and El Nabi Danial)	
Cairo			In Cairo, the popular eat-in/takeaway Felfela is pretty good for the standards of falafel (usually called ta'amiyya in Egypt) and shwarma. Chicken shwarma should be about 3EP.	
Mogu			There is another nice eat-in/takeaway that looks like part of a chain on the same street as Dahab Hotel, a couple blocks closer to the Egyptian museum. Offers a decent kofta sandwich for 4.5EP.	
Qasr El-Nil		near Midan Talaat Harb	There is a popular takeaway with good falafels for 60 piastres and shwarmas for 3EP.	
Farahat		narrow alley in market	For Stuffed Pigeon	

Name	City/Area	Address/Location	Description	Website
Abou Tarek			For Koshari "fast food"	
El refai Sessesan			kebab, kofta, baba ghanouj, tahini, "whiskey"	
Heraklio (Crete)			Some say the best Olive Oil is from Crete	
Taverna Kyria Maria	Rethymnon			
Syntages		Koziri 3, Heraklion	Near the market. One of the best meals when I was in Greece. We shared about 8 mezes- each interesting and delicious.	http://www.tripadvisor.com/Restaurant_Review-g189417-d1098972-Reviews-Syntagies-Heraklion_Crete.html
Zambia's Kafenio		Pano Elounda	Meze	
Santorini			spending our money in Oia (versus Fira) was an overall better. Buy some sun dried tomatoes	
Filippis			Great traditional Greek cuisine, and is located in the center	
Vanilia	Firostefani		Pricy (everything is in Santorini), in an old windmill. Great seafood and Greek dishes, you will need a reservation.View of caldera in sunset.	www.vanilia.gr
Sea Satin Market	Caprice		Has amazing fish and is in "little Venice", towards the Windmills	
Ahinaioi	Paranga beach		Great restaurant for lunch and has amazing fish.	
Archipelagos	Fira		Great view of the caldera and excellent dishes.	http://www.travel-to-santorini.com/re
Skala	Oia		great place	
Skaros Fish Taverna	Imerovigli		Specializes in mezedes, which are appetizers, and most cost about 5 - 10 euros each. For one meal, for instance, we shared a half-liter wine, water, bread, fava, steamed mussels and tomato fritters (perfect amount of food for us) for about 28 euros. Very good meal.	
Katina's Fish Taverna	Amoudi		Fishing village below Oia on Santorini. We shared tzatziki, bread, 1/2 liter wine, a whole sea bream, potatoes, and a baklava for 47 euros.	
Naoussa (Erythrou Stavrou)	Fira		Excellent Greek classics: the vine leaves, tarama (roe dip), and meatballs were particularly good.	
Domato Keftedes			Must Eat	
Selene	Fira		romantic, very nice but a little expensive	
Ambrosia				
Nectar				
Calderini	Fira			
Nikolas Taverna			good food at a good price. doesn't have a menu if I recall correctly, be open to suggestion and the specials that day.	
Sunset Taverna	Oia		by harbor, watch sunset. beans and mussels are excellent. Lobster Spaghetti (which the waiter said they are known for) was the best lobster and/or pasta dish either of us have ever had!	
Finikia's Place	Finikia's		Beautiful patio quite high up overlooking the island. The food is good and a very nice atmosphere. My notes tell me we ate a selection of mezes and some assorted main dishes. It wasn't cheap but not astronomically expensive either.	
Mykonos				
Appoloosa			Mexican-influenced "global" cuisine in a festive, youthful atmosphere	
Caprice			bar) because it is a MUST for the greeks during Sunset	
The Sea Satin Market			has amazing fish and is in "little Venice", towards the Windmills	
Ahinaioi	Paranga beach		Great for lunch and has amazing fish.	
Filippis			Great traditional Greek cuisine, and is located in the center and is very well known in Mykonos	
Nikos Taverna				
			Outdoor cafe (like most here), where we ate the best salad ever. It looks like a simple Greek salad but the tomatoes were extra flavorful and beefy, the raw red onions were sweet, the feta was creamy and tangy (the best either of us have ever had), even the cucumbers were special. No dressing needed!	
Alefkandra				
Mandarini			, a dessert and specialty foods shop.	

Name	City/Area	Address/Location	Description	Website
Ephesus			Ephesus is also a bit away from the port of Kusadasi. Kusadasi has a very nice bazaar/market and is quite walkable	
Istanbul			Hole in the walls are everywhere. the less they catered to tourists, the better the kebabs. Baklava is also everywhere. Check out Fish street, Balik Pazari Off Istiklal Caddesi, there is now a permanent metal sign, near the bottom of the hill on Istiklal street, to the right if you're heading downhill. You can get mussels stuffed with seasoned rice or fried mussels here, very cheap.	
	Cihangir		A nice seafood place with a view is Doga Balik, 7th floor, lots of windows. Fish is whatever is fresh (you pick from a case) and then choose your mezes	
Tike		There are four of them in Istanbul	For a high end kebab experience. Expanded into a small chain, but the food is superb. The meze are the highlight, so order them all up. In the winter you can get cig kofte,	
Çiya Sofrası'	Kadikoy		Deliciousness and charm made for an incredible experience; I feel like we lucked into the best restaurant in Istanbul. 20YTL each. out of the ordinary lunch, finest of all the places I've eaten, on the Asian side, a pain to get to from a cruise ship. No view, but the food is phenomenal! arguably one of the best restaurants for sheer chow-obsessed flavor in Istanbul.	http://www.ciya.com.tr/index_en.php
Mado	Beyoğlu	186 İstiklal Caddesi	Mado is a local ice-cream chain Mado takes the same secret ingredient from Maraş—salep—and updates it for the sophisticated Istanbuli palate.	http://www.mado.com.tr/
Haci Bekir	Beyoglu	PARMAKKAPI İstiklal Cad. No. 83A 34433	Turkish delight, or lokum, The most renowned shop, which has a few outposts, and is named after candy's inventor	http://www.hacibekir.com.tr/
İmroz	Beyoğlu	Nevzade Sokak 24, Nevzade	Pile on the garlic, pile on the sardines, dolmas, artichokes, an incredibly garlicky creamy eggplant dip Delectable snacks such as stuffed mussels or fried mussels Imroz also has hot mezes available . Very smokey. 15YTL Also recommend any of the meyhanes on Nevzade Sokak, not many tourists and fabulous food, lots of fish	
Otantik Anadolu Yemekleri	Beyoğlu	İstiklal Caddesi 170, Taksim, Istanbul, Turkey - 0212 293 8451	costumed ladies kneading dough in the doorway The perfect last-night meal, a survey of the best foods of Anatolia, with the décor and costumes combining for a charming experience. 12YTL each.	
Koska	Beyoğlu	İstiklal Cad. No: 238 Beyoğlu	Known more for halvah than Turkish delight, large outpost in Beyoğlu on Istiklal street had every type of sweet we could possibly want.	
Mis Ocakbaşı	Beyoğlu	Side streets off Istiklal	kebab-centric menu, extremely lamb-intensive menu. Kebabs were prepared on a giant fiery barbecue next to our table, which was called an ocakbaşı and filled the restaurant with gorgeous aromas.	
Saray Muhallebicisi	Beyoğlu	Beyoğlu, İstiklal Cd, 173	meaning "Rosewater Pudding Palace," Cavernous place on Istiklal Street where many Istanbulis also come for dinner. Drawn to the display window, with its centerpiece pastry tower in a pan of syrup flanked by baklava, fried syrupy dough balls, kunafe and more. The most intriguing pudding was the tavuk gogsu, made with everyone's favorite sweetstuff: chicken. Saray is popular with locals for good reason, and is one of the few pastry shops with late-night hours— 2AM.	http://www.saraymuhallebicisi.com/english/index.htm
Yakup 2	Beyoglu		great Turkish mehane experience. Lots of mezes, lots of raki, and lively atmosphere	
Sofyali 9	Beyoglu	Asmalimescit Sofyalı Sokak No:9	Wonderful little restaurant in a small old stone house just off the main road in Beyoglu. Worth finding. They serve hot and cold meze followed by grilled or roasted fish or meat. Great service. Great food. Suprisingly inexpensive. Reservation might be necessary. Stop in for one for later in the week, or call if you speak Turkish	http://www.taksim.com/Beyoglu/ve/Taksim/de/restaurant/sof
Haci Baba	Beyoglu		Downtown. A real turkish kitchen. They serve since 1920's. Very old restaurant. It is located in Istiklal .	
Viktor Levi	Beyoglu	Hamalbasi Caddesi 12, Beyoglu, tel: +90 212 249 60 85	Oldest wine restaurant, platters of appetizers,steak with mushroom&cheese - venue with good Turkish drinks (wine, raki) and music	

Name	City/Area	Address/Location	Description	Website
Gurme Boncuk Karaköy Güllüoğlu	Beyoglu	Nevzade Sok. 19	-eat, drink and dance small rustic meyhanes are the one restaurant on this saturated stretch of restaurants that is consistently full. Boncuk serves delicacies such as fried brains (mmm . . .) and stuffed spleen, but thankfully there's a variety of more recognizable hot and cold mezes like kizir, flavorful and spicy bulgur balls, and topik, an Armenian specialty made of chickpea paste around a nucleus of onions and currents	http://www.frommers.com/destinations/istanbul/D39918.html
Haci Bekir	Eminonu		For baklava, try Gulluoglu. Any shop keeper would show you where it is.	
Hamdi Et Lokantasi	Eminonu (near Bazaar)	Hamidiye Cad. No.83 34110	Turkish delight, or lokum, The most renowned shop, which has a few outposts, and is named after candy's inventor	
		Tahmis Caddesi Kalçin Sokak 17,	For a great view of the Bosphorus and the Golden Horn, serviceable kebabs with a spectacular view.	http://travel.nytimes.com/travel/guides/europe/turkey/istanbul/
	Spice Bazaar		Malatya Pazari 3 shops at the corner of Misir Çarşisi, aka the Egyptian Bazaar aka the Spice bazaar	
Namli Pastirma	Spice Bazaar	Walking straight through the Spice Bazaar to the exit at the "L"'s corner, at Hasircilar Street	Namli, gourmet deli. The ground floor is the meat and cheese lover's paradise. Everything full-flavored, smoky, sliced razor thin, different house-made meats and cheeses, as well as a salad dressed in tangy, sour pomegranate pekmez.	
	Sultanahmet	ground floor of the building where the restaurant Hamdi is	Baklava bakery,	
Hamdi	Sultanahmet	near the Egyptian Bazaar (Spice Bazaar) just off a fairly large open plaza that overlooks the Galata Bridge.	restaurant with breathtaking view, upscale kebab house. Never tried, but friends whose palates I respect had once said that it was the best kebab house in Istanbul.	
Balıkçı Sabahattin	Sultanahmet	behind Armada Hotel)	favorite fish restaurant, mostly an outdoor garden atmosphere. I would suggest reservations at either restaurant. You can probably reserve seating online with either of them. the only restaurant in Sultanahmet worth your time -- most of the other places are overpriced, mediocre tourist traps. a large number of shameless cats who will beg for scraps shamelessly and amusingly.	http://www.frommers.com/destinations/istanbul/D39904.html
Cooking Ala Turka	Sultanahmet	Akbiyik Caddesi 72a, Sultanahmet	Cooking Classes and 5 course lunch	http://www.cookingalaturka.com/
Cihangir Doga Balık	Karaköy	Akarsu Yokusu No: 46 Kat:7 Cihangir	A higher view and better food can be had from Doga Balık, though it's a bit of a hike up the slope on the Karaköy side of the Horn. Reservations are probably preferable to get your best shot at an outdoor table with a view. The seafood is extremely good, but the best part might be the buffet meze spread that precedes the fish dinner -- incredibly broad range of flavors, textures and ingredients Expensive, at least 45 YTL	http://www.dogabalik.com.tr/
Tarihi Karakoy Balıkcisi	Karakoy	Tersane Caddesi, Kardesim sok. 30, Karakoy	across the bridge from Sultanahmet. just behind the fish market near the Galata Bridge. Walked across the bridge, turned left down the stairs passed some hardware stores, past 200 yards of screws, drills and hinges, all that gives it away is a wood-framed doorway and a little display window with a small sample of the day's catch. Everything here is of the day. When they run out they close. And it's lunch-only,	
Haci Abdullah	Taksim		good for lunch is (in a very nice tourist neighborhood). They serve classic Ottoman/traditional Turkish, cuisine. Kind of pricy, and you perhaps could get same quality food at a hole in the wall, but the atmosphere is nice and they are tourist friendly.	
Pandeli			Similar place to Haci Abdullah but in Misir Carsisi	
Gaziantepi Baklavaci			Baklavaci	
TARIHI SULTAN AHMET KOFTECISI.				
Boukoleon			If you like kofte and want to see a place stuffed to the gills with happy locals, this is it! favorite fish restaurants. Boukoleon is indoors with linen tablecloths. I would suggest reservations at either restaurant. You can probably reserve seating online with either of them.	
Kir Evi (pronounced Kur evee)			Another nice kebab restaurant is . It is close to the tramway and at the end of the street of restaurants. The owner is Kadir, a good friend of mine (Ellen Terry). He also has a coffee/nargele bar next doors and always has live music for his outdoor diners.	

Name	City/Area	Address/Location	Description	Website
Tarihi Cesme (pronounced Cheshme)			Very nice kebab restaurant, price is \$\$ and dining is offered indoors or out. The owner is Kadir, a good friend of mine (Ellen Terry). He also has a coffee/nargele bar next doors and always has live music for his outdoor diners.	
Refik			Refik is classic for a meyhane style fish dinner (think Turkish tapas)	
Feriye			Feriye is reportedly really good too, with a nice terrace and a breathtaking view, but never tried personally. Another high-end restaurant which located on bosporos. just on the shore. Reservation is needed.	http://www.feriye.com/english/index.asp
Cibalikapı Balıkçısı	Halic	Eski Tekel Fabrikası Yanı Abdülezel Paşa Caddesi 7, Cibali, Istanbul, Turkey	Make sure you're at Cibalikapı, since there is another just up the street that's not as good). It's a mehane of sorts as well, though classier than Yakup, and the grilled fish specials are really nice if you go in the spring, summer, or fall, when fish are fresh and in season.	http://www.cibalikapibalikcisi.com/ingilizce.html
Kosebasi	Besiktas	Bronz Sokak 5, Nişantaşı	Kebabs and others things from the grill. If you like steak tartare, check out the cig kofte here... it's safe to eat raw meat at this establishment as it's very clean.	http://www.kosebasi.com/Content.asp?sCode=Home&Lan=En
Olympiat II	Kumkapi		It's a lively pedestrian area full of fish restaurants and gypsy music. Go with a group so you can share. Take it slowly. Start with cold appetizers (selected from a tray), then a couple of hot appetizers (calamari for example), select your fish based on how you'd like it prepared... grilled, fried, stewed, salt-baked. Raki or beer to accompany. Be sure to mix your raki 1/3 raki 2/3 water with room for 2 ice cubes.	
"Balak Lokanta" ("Fish Restaurant")			Sits on stilts over the Bosphorus. If still open, run, don't walk. Well, actually you'll need a taxi. An Istanbul treasure.	
Korfez			unique and delicious dining, on the river about five miles up from the city center. To call my evening their magical would be an understatement. Korfez exuded the passions of the restrauteur who checked on us at least three time during our meal. He was wonderful and warm. The experience felt like a wonderful dream, finally I was where I was supposed to be.	

Name	Description	
Turkey		
Kumpir	Bizarre baked potato, they whip the contents inside the skin w/ butter and cream, and then show you the toppings bar... featuring green & black olives, beets, corn, shredded carrots, couscous, hotdogs, coleslaw and potato salad. Costs 5YTL and is loved by the locals.	
Manti	Locals gush about the garlicky little lamb dumpling	
Pide	Like a Turkish pizza, a chewy flatbread covered with cheese, veggies, and meats.	
gözleme	Turkish crepes.	
simit	Turkish fast food, looking like a cross between a pretzel and a bagel, often sesame encrusted (street food)	
Lahmacun	A mouthwatering treat. A rough circle of dough rolled very thin, spread with a layer of lamb, tomato sauce and spices, baked crispy. lahmacun made the ultimate bargain meal, often 2YTL or less	
Iskender kebab	"other meat items" heart attack on a plate, available widely but the most decadent version is at Ciya	
meyhanes	places to eat mezes and drink raki	
Mezes	series of side dishes, usually cold	
raki	non-sweet usually anise-flavored apéritif	
Yeni	cheaper wine	
Salep	powdered orchid bulbs, used to make drinks and ice cream	
mizithra	soft cheese	
Kofte	Beef & lamb meat ball	
cig kofte	like steak tartare, very spicy ground raw lamb balls that you wrap in lettuce and squeeze lemon over	
Saffron	If you visit the Spice Bazaar, you will see great heaped bins of "saffron" outside every stall. This stuff is cheap, but tasteless and an utter waste of money. Instead, you can find Iranian saffron, packaged in plastic containers (the ones I bought were flat clear plastic disks with lots of Arabic writing) which is the real thing	
ciftekavrulmus lokum	double roasted turkish delight	
pekmez	grape molasses	
borek	potato stuffed bread	
Ayran	national drink, like Mongolian mare's milk),	
Adana kebab	grilled minced beef	
Doner kebob	Turkish gyro	
hunkar Begendi	roasted eggplant puree'd topped with lamb stew	
Cacik	yogort, cucumber, 7 dill salad	
boregi	fava bean dish	
eski kasar	aged, golden, slightly sharp cheese	
beyaz peynir	like feta	
lor	soft sheep's milk, like ricotta	
Greece		
Ek-mek	bread had been soaked in syrup or honey, and had this wonderful custard on top, and perhaps even a tiny layer of whipped cream. The best ek mek is in Turkey, but Greece can hold its own.	
loukoumades	Those are fabulous, too	
galaktobouriko	orange essence custard with layers of philo dough and honey.	
keftedes	Santorini is famous for their tomato keftedes (like little fritters)	
loukoumades	fried dough with walnuts and honey	

horta	mountain horta or Vlita are the sweetest	
anthogalo	A sweet-cream dessert. Sort of like sweet sour cream.	
	eggplant - imam bayaldi (like ratatouille), papoutsakia (little shoes, stuffed eggplant), melitzanasalata (pureed eggplant salad/spread) and melitzana tiganites (fried eggplant- thinly sliced, and crisp like tempura, topped with kasseri cheese), moussaka and eggplant glyko (spoon sweets in syrup) that features baby green eggplant in syrup	
	Dishes you'll find in Crete, include snails, fava (spread made of split peas), various wild greens, and various pies (pitas/bourekas) that are different from other parts of Greece.	
Dakos	Cretan Salad	
paximadi (rusk) bread	made from coarse-ground barley -- excellent. Paximadi is a rustic brown bread that is baked twice for a long shelf life. At service, it is moistened with a little water and/or olive oil and topped with fresh-grated tomatoes, oregano and salt - the Greek version of Italian bruschetta.	
Ouzo (ούζο)	an anise-flavored liqueur . Baba Tzim, Dimino, Samara, Veto, Kefi, Yianatsi, or Pitsiladi are obscure brands that connoisseurs prefer. Apostegmeno means pure distilled, between 40 and 42% is what you want. (46+ will knock your socks off). Ask about raki, tsikoudia and tsipuro too. They are like ouzo without the anise flavor.	
bakalairo	fried codfish	
mikri pikiliah	mee-cree pee-kee-lee-ah, small snacks and sides, order with ouzo	
mezedes	snacks to eat while drinking	
frappe	ice coffee	
meh trio	with coffee and sugar	
diplo espresso meh zes toe ga la ksekorees-ta	very strong espresso	
teeropita	cheese-pie	
spanakopita	spinach-pie	
galatadiko	milk & pastry shop	
Egypt		
Ful (medames)	Common breakfast staple, buy from a cart. Fava beans, oil, garlic, pepper, spices, pickles and flatbread.	
Stuffed Pigeon	pigeon stuffed with rice and spices, boiled until tender then pan fried.	Go to Farahat
Koshari	Egyptian fast food. Grains and carbs with fried onions, served with tomato cumin sauce, garlic vinegar and hot sauce	Go to Abou Tarek
Whiskey	pickle juice	
	egyptian pies (salty and sweet),	
conaffa, belilla, Om Ali	sweets.	
sahleb	in winter, warm milk with coco and nuts, wheat...beautiful)	
ahwa mazboot	slightly sweet Turkish coffee.	
England		
Bubble and squeak	pan fried mashed potatoes and cabbage	
marmite	sticky dark brown yeast extract with a meaty taste, by-product of beer brewing process, similar to vegemite	
black pudding	blood sausage, usually filled with oatmeal or barley	

Other Hotels				
Athens	Istanbul	London		
Best Western Hotel Zinon	Aziyade Hotel			
3 Keramikomikou & Zinonos Street	Piyerloti Cad. No. 62			
Athens, GR-10437, Greece	Gedikpasa Saltanahmet 34490 - Istanbul			
Tel: 30 210 524 5711-14	Tel: (0212) 638-22 00			
Fax: 30 210 523-1548	Fax: (0212) 518-50 65			
(seems 2-3 blocks NW of Acropolis and west of Panepistimiou Stadiou)				
*Take Metro 3 to Syntagma, then 2 to Sygro-Fix *OR take Proastiakos-Suburban Railway to Nerantziotissa, then Line 1 to Omonia, then 2 to Sygrou-Fix *OR take Proastiakos-Suburban Railway to Larrisa, then Line 2 to Sygrou-Fix *OR take Bus X95 to Syntagma Square, then Line 2 to Sygrou-Fix				
Athens Ledra Marriott	W Istanbul	London Hilton on Park Lane		
Sygrou Avenue 115, Attica 11745	22 Süleyman Seba Caddesi	22 Park Lane W1K 1BE		
		Picadilly Tube, Hyde Park Corner		

Athens, Acts 17:16-34	Crete, Acts 27:1 - 28:16, Titus 1:5, 12		
Alexandria, Apollos Acts 18:23-28, 19:1, 1Cor 1:12-17, 3, Titus 3:13	1st Corinthians: Written from Ephesus in AD 55; 2nd Corinthians: In later AD 55 from Macedonia;	Corinth, Acts 18:1-17 (2nd journey), 20:3 (3 months, 3rd journey);	
Links			
General			
Norwegian Cruise Lines	http://www.ncl.com/nclweb/destination/itineraries.html?shipCode=&destinationCode=EUROPE&subDestinationCode=EUROPE.MEDITERRANEAN&duration=12		
NCL Check-In	https://www.ncl.com/nclweb/secure/bookedGuestLanding.html		
Norwegian Jade Info	http://en.wikipedia.org/wiki/Norwegian_Jade		
Mediterranean Food Recommendations	http://chowhound.chow.com/boards/52		
Time Zones	http://www.timeanddate.com/worldclock/		
Exchange rates	x-rates.com		
Greece			
Insider tips to Athens	http://www.athensguide.com/		
Greece Food recommendations	http://www.lthforum.com/bb/viewtopic.php?f=15&t=18472&hilit=athens		
Tourist Reviews	http://www.tripadvisor.com/Tourism-g189400-Athens_Attica-Vacations.html		
Crete Dining	http://www.meetandeatguides.com/index.php/mainpage		
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Greece/Athens Guide	http://www.athens-travel-guide.gr/		
Greek Island Forum	http://www.greeka.com/forum/index.php		
Athens Metro	http://www.ametro.gr/page/default.asp?id=4&la=2		
Egypt			
Egypt Visa	http://www.eg2002.net/		
Train travel in Egypt	http://www.seat61.com/Egypt.htm		
Turkey			
Turkey Visa	http://www.e-konsolosluk.net/Visa/Visa_Welcome.aspx	http://www.turkishembassy.org/index.php?option=com_content&task=view&id=4	
Istanbul Food recommendations	http://www.lthforum.com/bb/viewtopic.php?f=15&t=20284&hilit=istanbul		
Istanbul Food Blog	http://www.nancychuang.com/journals/istanbul_is_for_food_lovers/		
NY Times Food Review	http://travel.nytimes.com/travel/guides/europe/turkey/istanbul/restaurants.html		
Istanbul Tourist Reviews	http://www.tripadvisor.com/Tourism-g293974-Istanbul-Vacations.html		
Istanbul Metro System	http://www.turkeytravelplanner.com/go/Istanbul/Transport/IstanbulMetro.html		
Istanbul Train System	http://www.istanbul-ulasim.com.tr/en/default.asp		
London			
Ramsay's	https://www.gordonramsay.com/royalhospitalroad/	120 GBP	
Le Manoir Aux Quat Saisons	http://www.manoir.com/web/olem/olem_a2a_home.jsp	95-116 GBP	011 44 1844 278881
London Tube	http://www.tfl.gov.uk/modalpages/2625.aspx		

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	Sport Coat	carry on 2	
	Slacks	carry on 2	
	Dress Shoes	carry on 2	
	dress socks	carry on 2	
	dress shirt	carry on 2	
	undershirt	carry on 2	
	belt	carry on 2	
	SLR	carry on 1	
	Digicam	carry on 1	
	Camera accessories	carry on 1	
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	headphones	carry on 2	
	compass	carry on 2	
	medicine	carry on 2	
	plug adapters	carry on 2	
	detergent	bag 1	
	sunblock	bag 1	
	toiletries	bag 1	
	wind breaker	bag 1	
	sweater	bag 1	
	swim suit	bag 1	
	shorts	bag 1	
	shirts	bag 1	
	socks	bag 1	
	sneakers	bag 1	
	duffle bag	bag 1	
	sun glasses	bag 1	